

# July 2024

## WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU Morgan County Home Delivered Meals

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Cube Steak w/ Gravy Carrots Mashed Potatoes Fruit Juice Bread	2	Pork Chops Scalloped Potatoes Brussel Sprouts Mandarin Oranges Bread	3	Taco Casserole Refried Beans Cauliflower Pineapple Cornbread	4	<u>Closed Holiday</u>	5	<u>Closed Holiday</u>
8	Pork Chop Mashed Potatoes Sauerkraut Fruit Parfait Bread	9	Sloppy Joe French Fries Broccoli w/ Cheese Applesauce Bun	10	Lemon Pepper Chicken Au gratin Potatoes California Vegetables Pears Bread	11	Chicken Strips Sliced Potatoes Green Beans Strawberries Bread	12	Hotdog w/ Cheese Hashbrowns Fruit Cocktail Mandarin Oranges Bun
15	Baked Chicken Patty Sweet Potatoes Broccoli Peaches Bun	16	Spaghetti w/ Meat Sauce Lima Beans Green Beans Pineapple Bread	17	BBQ Chicken Baked Potato Carrots Applesauce Bread	18	Baked Steak Mashed Potatoes Cauliflower Banana Bread	19	Lemon Pepper Chicken Whole Potatoes Harvard Beets Pears Bread
22	Meatloaf Scalloped Potatoes Corn Fruit Cocktail Bread	23	Turkey w/ Gravy Sweet Potatoes Capri Vegetables Banana	24	Pork Rib Patty French Fries Green Beans Tropical Fruit Bun	25	Seasoned Chicken w/ Rice Peas Carrots Apple Crisp Bread	26	Philly Cheesesteak Mixed Vegetables Hashbrowns Peaches Bun
29	Hotdog w/ Cheese Cole Slaw Baked Beans Mandarin Oranges Bun	30	Pork Loin Mashed Potatoes Mixed Vegetables Tropical Fruit Bread	31	Cheeseburger Corn French Fries Applesauce Bun				

\*\*\*Menu subject to change due to availability\*\*\*

Call by 8:00am for daily reservations or call our  
24 hour reservation line: 740-962-6696.  
All meals served with milk and bread.

### REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.  
SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS