


April 2024

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Morgan County*



Home Delivered Meals



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Chicken & Noodles Mashed Potatoes Carrots Fruit Parfait Bread	2	Baked Steak w/Gravy Mashed Potatoes Green Beans Applesauce Bread	3	Baked Chicken Patty Sweet Potatoes Seasoned Cabbage Fruit Juice Bun	4	Ham & Cheese Pickled Beets Potato Salad Mandarin Oranges Bun	5	Philly Cheesesteak Casserole Sliced Potatoes California Vegetables Pears Dinner Roll
8	Meatloaf w/ Gravy Seasoned Potatoes Spring Vegetables Mandarin Oranges Dinner Roll	9	Chili w/ Beans Pickled Beets Fruit Juice Pineapple Chunks Cornbread	10	Chicken Parmesan Cauliflower Baked Peaches Bread	11	Sausage Gravy Hashbrown Patty Applesauce Tomato Juice Bun	12	Pork w/ Gravy Mashed Potatoes Sauerkraut Banana Dinner Roll
15	Ham & Cheese Potato Soup Pickled Beets Mandarin Oranges Bun Crackers	16	Smoked Sausage Mashed Potatoes Au Gratin Cabbage Pineapple Chunks Bun	17	Turkey w/ Gravy Sliced Potatoes Brussel Sprouts Pears Bread	18	Pork Rib Sandwich Hashbrown Pacific Vegetables Fruit Cocktail Bun	19	BBQ Chicken Baked Potato Broccoli w/ Cheese Peaches Dinner Roll
22	Seasoned Chicken Snap Peas Carrots Fruit Juice Brown Rice Bread	23	Hamburger Gravy Whipped Potatoes Green Peas Peaches Biscuit	24	Sloppy Joe French Fries Summer Vegetables Jello w/ Pears Bun	25	Hotdog w/ Cheese Potato Salad Baked Beans Mandarin Oranges Bun	26	Mac & Cheese Stewed Tomatoes Peas & Carrots Apple Crisp Bread
29	Lemon Pepper Chicken Au Gratin Potatoes Harvard Beets Mandarin Oranges Bread	30	Johnny Marzetti Italian Vegetables Cauliflower Pineapple Chunks Breadstick						

*****Menu subject to change due to availability*****

**Call by 8:00am for daily reservations or call our
24 hour reservation line: 740-962-6696.
All meals served with milk and bread.**

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home.
Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS