



June 2024

WASHINGTON-MORGAN COMMUNITY ACTION
 SENIOR NUTRITION PROGRAM MENU *Washington County*
 Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Honey Mustard Chicken Breast Harvest Vegetables Buttered Beets Mandarin Oranges Brown Rice Bread	4	Spaghetti w/ Meatballs Italian Vegetables Cauliflower Pineapple Breadstick	5	Ham Salad Broccoli Soup Potato Salad Apricots Bun	6	Shepards Pie Tossed Salad w/ Tomatoes Blueberry Crisp Biscuit	7	Cheeseburger Potato Wedges Baked Beans Strawberries Bun
10	Sausage Gravy Scrambled Egg Hashbrowns Sliced Oranges Fruit Juice Biscuit	11	Chicken Patty Sweet Potato Fries Creamed Corn Fruit Juice Bun	12	Turkey & Cheese Potato Soup Pea Salad Mandarin Oranges Bun	13	Baked Steak Mashed Potatoes Green Beans Sliced Apples Dinner Roll	14	 Choice Day Swedish Meatballs <i>Or</i> Corn Dog Broccoli California Vegetables Pears Dinner Roll
17	Sausage Links Scrambled Egg Hashbrowns Sliced Oranges French Toast	18	Ham & Bean Soup Asparagus Blend Grape Juice Cherry Crisp Cornbread Crackers	19	<u><i>Closed Holiday</i></u>	20	Meatloaf w/ Gravy Baked Potatoes Spring Vegetables Apple Juice Dinner Roll		
24	Turkey w/ Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread	25	Beef Ravioli Spinach Salad Green Beans Cinnamon Apples Breadstick	26	Taco Salad Refried Beans Tropical Fruit Tortilla Chips	27	BBQ Chicken Breast Green Beans Diced Potatoes Fruit Juice Bread	28	 Choice Day Baked Chicken Potato Salad Broccoli w/ Cheese Applesauce Dinner Roll <i>Or</i> Choice of Chef Salad



****Menu subject to change due to availability****
 Call by 8:00am for daily reservation or call our 24 hour
 reservation line: Marietta 740-373-3455
 Beverly 740-984-4475 New Matamoras 740-865-2448
 All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:
 If you are not home a meal cannot be delivered, as this is a violation of SNP policy and
 the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.
SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS